## **Dear Parents and Carers**

I promise an updated list of Covid-19 symptoms and then promptly left it out of the letter.

The Centres for Disease Control and Prevention have updated symptoms that could indicate COVID because people diagnosed with Covid have displayed these symptoms:

Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:

Fever or chills
Cough
Shortness of breath or difficulty breathing
Fatigue
Muscle or body aches
Headache
New loss of taste or smell
Sore throat
Congestion or runny nose
Nausea or vomiting
Diarrhoea

These are published from a government website <a href="https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html">https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html</a>

If your child is displaying any of these symptoms please keep them at home. If they have a continuous cough, a high temperature or a change of taste or smell, please get them tested.

Kind regards

Helen Williamson Headteacher