

# *“To the world you may be one person, but to one person you may be the world” – Dr Suess*

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*Can you spare some toothpaste? How about a pack of wet wipes? How about a box of plasters or some bandages?*

Items like these are needed to make a huge difference to the people of Ukraine. From tiny babies to the elderly, we can all relate to someone like ourselves in need and the good news is...you can help!

Jenna and Karina from Sussex Coaches and their lovely other halves have come up with a plan to get your donations to Ukraine and bring some people home too!

## --- [THE PLAN:](#) ---

Sussex Coaches in Billingshurst have this amazing idea to take donations to Ukraine via a 22+ hour coach journey, 2 coaches and lots of generous human beings along the way.

On Friday 18th March 2 Coaches will leave Billingshurst and make its way down to Dover, hop on the train and travel through France, Belgium, Holland, Germany and finally into Poland where we will drop all your donations and hopefully meet with some refugees who are coming back.

## --- [HOW TO HELP:](#) ---

**On Friday 11<sup>th</sup> March** we are asking you to wear your own clothes and in return donate a simple item from the list below.

If you would like to donate other items from your year group suggestion or make a financial donation via the link instead, please do!

## --- [WHATS NEEDED:](#) ---

Reception	Nappies (any size) and or baby wipes
Year 1	Ready made baby formula and or plasters
Year 2	Bandages and or shampoo
Year 3	Toothbrush and or toothpaste
Year 4	Cereal bars and or longlife baby food
Year 5	First aid kits and or antiseptic wipes
Year 6	Sanitary products and or sanitary wear

## --- [OTHER WAYS TO HELP:](#) ---

- ♦ [Facebook link](#) to see what and how the donations will be helping
- ♦ [Fundraising link](#) to help raise costs for fuel to get our donations to Ukraine This is where we really need your help.... The fuel costs alone are astronomical so we need some support with this. Any donations you make will firstly cover this with anything left over will go towards additional supplies to give out when we get there.