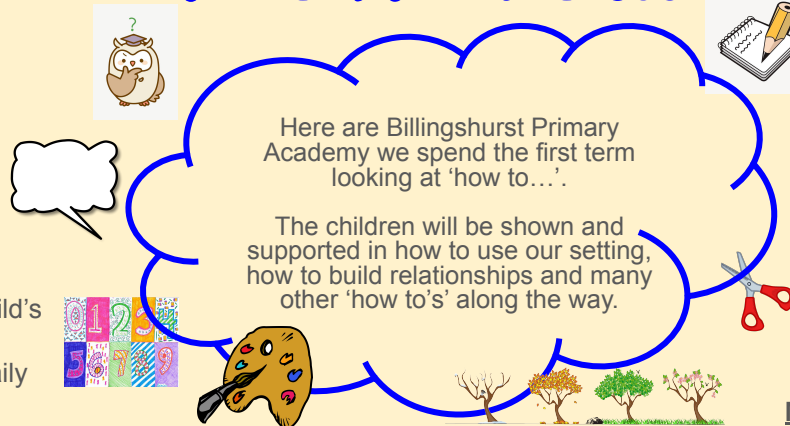




Autumn Term 2026 in Early Years

How to...



Here are Billingshurst Primary Academy we spend the first term looking at 'how to...'.
The children will be shown and supported in how to use our setting, how to build relationships and many other 'how to's' along the way.

How to help at home ...

- Reading and sharing stories with your child daily, talking about the characters and making connections to other books.
- Recognising numbers in your environment, for example, finding house numbers or numbers on number plates.
- Talk time as a family is brilliant for developing speech. Where possible try and have meals together to model speech.
- Encourage your child/children to dress independently, or at least giving things a go.

Personal, social and emotional development focus -

- Learning names
- Understanding our emotions and the emotions of others
- Learning class rules and routines
- Developing confidence to try new things

Physical development focus -

- Daily funky finger activities
- Developing pencil grip
- Enhancing core strength through creating obstacle courses, and learning with large scale construction.
- Starting to take part in weekly PE lessons (inside)

Maths focus -

- Joining in with number rhymes
- Spotting numbers to at least 5 in our environment
- Exploring pattern and shapes
- Subitising

Understanding the world focus -

- Look at who is our family
- Talk about family experiences
- Looking at seasonal changes, and the environment around them
- Thinking about how we celebrate events and how these celebrations might be different to one another

Literacy Focus -

- Mark making opportunities
- 'Funky Finger' activities, these are activities that help to strength a child's hand muscles
- Children will start to take part in daily phonics sessions
- Children will be engaged in daily Drawing Club activities
- Listening to stories and talking about things we like and dislike.
- Talk about similarities and differences between our favourite books

Expressive Arts and design Focus -

- Exploring mark making, with different mediums, including paint and chalk
- Look at using tools like scissors safely
- Using recently read stories in their play, by using language or key characters

Communication and language focus-

- Using new friends names
- Talking about likes and dislikes
- Talking about emotions, and starting to understand them
- Listening to stories, and retelling them
- Repeating modelled language, such as greetings