



E-Safety

at Billingshurst Primary

What is Safer Internet Day?

Children across the UK took part in **Safer Internet Day 2026**, a global celebration focused on helping children use the internet **safely, positively and responsibly**.

Safer Internet Day 2026 | **Tuesday 10 February**

Coordinated by the UK Safer Internet Centre

🌟 This year's theme:

"Smart tech, safe choices – Exploring the safe and responsible use of AI."

This theme encourages children to explore the impact of AI on all of our lives, looking at how AI can be used for good, and giving advice and guidance that empowers people to use AI safely and responsibly. .

👉 Find out more here: [Safer Internet Day 2026](#)

📱 Current Tech Talk: WhatsApp & Group Chats

Many parents ask about WhatsApp groups — here's what's important to know:

- WhatsApp has an age restriction of 13+ in the UK
- Children under 13 should not have their own WhatsApp account according to the app's rules
- Group chats can sometimes include:
 - Large numbers of people
 - Unkind messages
 - Inappropriate images or videos



💬 Our advice:

If your child uses messaging apps, keep conversations open and regular:

- Who are they chatting with?
- What happens if something makes them uncomfortable?
- Do they know how to block or report?

❤️ Working Together

Online safety works best when **schools and families work together**.

Thank you for supporting Safer Internet Day and helping your child stay **safe, confident and kind online**.

Top Tips for Staying Safe Online

Here are some simple ways to support safe internet use at home:

-  Keep devices in shared family spaces
-  Agree screen time limits together
-  Talk about what they watch, play and share
-  Use parental controls on apps and devices
-  Encourage children to speak up if something feels wrong
-  Remind children that not everything online is true

Talking to Children About AI

Children are increasingly encountering AI tools in games, videos and learning.

The NSPCC offers excellent guidance for parents on:

- ✓ What AI is
- ✓ How children may come across it
- ✓ How to talk about it safely and positively



 Learn more here:

[NSPCC - Keeping Children Safe Online - Talking To Children About AI](#)

Parent Support: Talking About Online Safety

Having regular conversations about online safety really helps children feel confident and protected.

The NSPCC provides clear, practical advice for parents here:

 [NSPCC - Keeping Children Safe Online - Talking About Online Safety](#)

Where to Get Help & Advice

If you ever need support or guidance, these trusted organisations can help:

 [UK Safer Internet Centre \(Parents & Carers\)](#)

 [NSPCC Online Safety Hub](#)

 [Report Harmful Online Content](#)

 [CEOP – Report Online Abuse](#)