SOUTHERN MARTIAL ARTS



KARATE & KICKBOXING





KARATE LESSONS

BILLINGSHURST PRIMARY



- **9** Billingshurst Primary
- **◯** Fridays 8am
- Open To Years 1 And Above. Beginners Welcome
- Reserve Your Child's Spot Today!
- **Sensei Tristan**
- **** 07983 532167

Trist an. southern martial arts @gmail.com

Why Join Karate?

- Build confidence, focus & discipline
- Improve fitness, coordination & balance
- Learn self-defense in a fun, safe setting
- Taught by fully qualified Black Belt instructor (DBS checked, First Aid trained, fully insured)

£6.50 Pay As You Go

