## Sports Report

## Weald Talented Athlete Launch October 2019

27 children, boys and girls from across Year 5 and 6 attended the Weald Athlete Launch with Mr Meaney at the Weald School, along with other schools from across the area.

At the Weald we were all mixed up and split into 4 groups, blue, red green and yellow. First we did S.A.Q - which stands for Speed, Agility and Quickness. After that we had a break and then moved to the next activity which was football and ball skills.

For our third activity we took part in lots of team games with Mr Meaney and for our final activity we did cricket with the coaches from Sussex Cricket. We finished off the day with a few races. We all had an active, fun packed day and really enjoyed ourselves.

Jacob (Russia)